

Clinical Psychology Training Program Annual Update

Congratulations

The Clinical Psychology Training Program accepted nine outstanding students into the 2017-18 incoming class.

- Laura Acosta – Florida State University
- Seima Al-Momani – University of Iowa
- Emily Christie – Texas Tech University
- James Haws – University of Central Oklahoma
- Zach Huit – University of Nebraska-Lincoln
- Anna Johnson – St. Olaf College
- Shaina Kumar – Towson University
- Tim Little – University of Kansas
- Rebecca Wolfe – Temple University

100% of students applying for internship matched in 2017!

- Chandra Bautista – MEDVAMC, Houston, TX
- Steve Edwards – Missouri Health Sciences Psychology Consortium, Columbia, MO
- Anna Jaffe – Charleston Consortium Internship, Charleston, SC
- Andrew Jeon – VA Central Iowa, Des Moines, IA
- Katie Kidwell – Cincinnati Children’s Hospital, Cincinnati, OH
- Feiyu Li – University of Texas Health Sciences Center, San Antonio, TX
- Vincenzo Roma – VA Portland Health Care System, Portland, OR
- Grant Shulman – VA Puget Sound – American Lake, Tacoma, WA
- Annie Steel – VA Medical Center, Durham, NC
- Rosa Viñas-Racionero – Atascadero State Hospital, Atascadero, CA

Congratulations to our students starting their first jobs after internship!

- Axel Bouchard – Postdoctoral Fellow, Neuropsychology, Madonna Rehabilitation Hospital, Lincoln, NE
- Heath Hodges – Post Postdoctoral Fellow, Law-Psychiatry Program, Department of Psychiatry, University of Massachusetts Medical School, Boston, MA.
- Pete Meidlinger – Staff Psychologist, VA Nebraska-Western Iowa Healthcare System, Grand Island, NE
- Alayna Schreier – Postdoctoral Fellow, Division of Prevention and Community Research, Department of Psychiatry at the Yale School of Medicine, New Haven, CT
- Antover Tuliao – Assistant Professor, Community, Family, and Addiction Sciences, Texas Tech University, Lubbock, TX



Departing guests of honor at the Annual Bon Voyage Party. Back row (L to R): Grant Shulman, Katie Kidwell, Anna Jaffe, Chandra Bautista, Andrew Jeon, Rafay Khan, Annie Steel, Rosa Viñas-Racionero. Front row: Steve Edwards, Vincenzo Roma, Greg DeGirolamo.

The annual update for alumni and friends of the UNL CPTP!

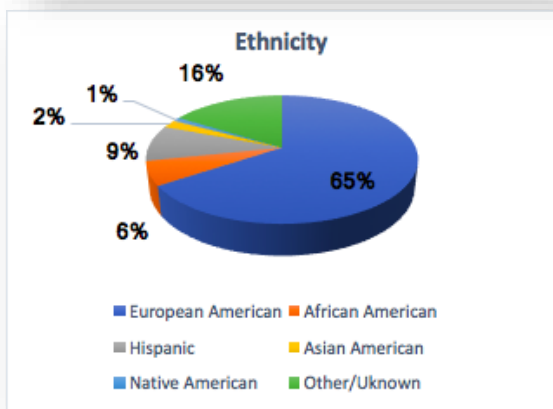
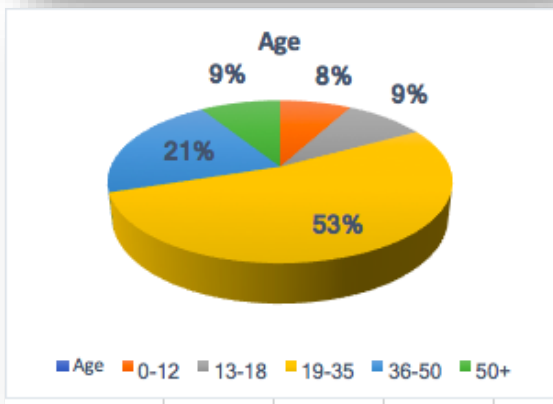
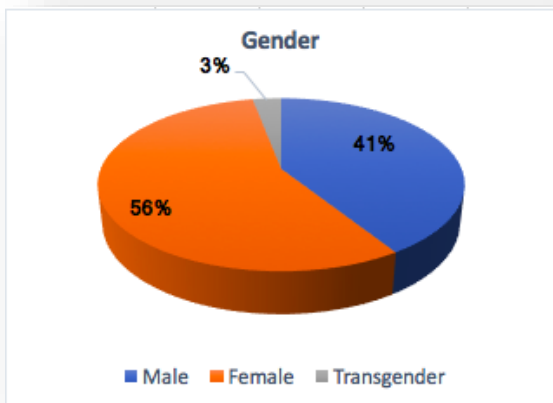
New Faculty Member to Join the Program

Dr. Cary Savage will join the faculty and serve as Director of the UNL Center for Brain, Biology and Behavior, beginning January 2018. Dr. Savage received his Ph.D. in clinical psychology from Oklahoma State University and completed an internship in clinical psychology and postdoctoral fellowships in neuropsychology and functional neuroimaging at the Massachusetts General Hospital (MGH)/Harvard Medical School. He subsequently served as an Assistant Professor in the Department of Psychiatry at Harvard Medical School and as the Director of Cognitive Neuroscience in the Department of Psychiatry at MGH. Dr. Savage more recently served as Director of the Center for Health Behavior Neuroscience at the University of Kansas Medical Center where he was also the John H. Wineinger Professor of Psychiatry and Behavioral Sciences. He is currently a Senior Scientist and Director of Imaging Research at the Banner Alzheimer’s Institute in Phoenix, Arizona. He has published over 130 research papers and review articles and serves on three journal editorial boards and numerous study sections and expert panels at the National Institutes of Health. Dr. Savage’s research uses functional neuroimaging techniques to identify how the brain contributes to memory, strategic behavior, and decision making. Areas of specific focus include brain mechanisms of healthy and unhealthy eating, exercise adherence, and other health behaviors. In addition to his own research, Dr. Savage has mentored numerous training grants with predoctoral and postdoctoral students and junior faculty.



Clinical Psychology Training Program: Annual Update

Based on the last annual report, the Psychological Consultation Center (PCC) served 210 clients who were seen for an average of 8 sessions.



PCC Updates

Titanium is now fully operational and we are officially paperless.

We got a new AV system! It has much improved sound and video quality, faster download rates, and a streamlined, user-friendly interface. This year's therapist survey had some very positive reviews of the new system compared to the old one. There is also tech support and new video editing software to go with it.

Practicum Training in Redesigned Head Start Programs

The Clinical Psychology Training Program and Community Action Partnership of Lancaster and Sanders Counties have enjoyed an educational partnership since 1999. CPTP graduate students have provided mental health consultation according to Head Start Performance Standards through an externship. As externs, CPTP clinicians work to improve Head Start staff and parent



Current externs at the K Street center location

understanding of social, emotional, and behavioral development of young children, to help identify risk factors for healthy development, and to provide Head Start participants with evidence-based psychological assessment and intervention. In July, 2016, Community Action Partnership was awarded a competitive five-year, \$31 million grant to administer Early Head Start and Head Start services in Lancaster and Saunders Counties. This funding made it possible to launch a redesigned program model aimed to strengthen the services to children and their families. Through the redesigned programs, Community Action provides Early Head Start (serving children age birth to 3) and Head Start programming (serving children ages 3 to 5) to 421 children. Two new facilities, one co-located with Health360 (an integrated care medical clinic for underinsured patients), opened in two of Lincoln's highest needs neighborhoods, characterized by poverty rates of 30 to 50%. The agency also expanded its Early Head Start Home-based program to serve 132 pregnant women and families with children up to age 3.

This year, the PCC and CPTP hosted many speakers both in person and through webinars including...

- Society of Clinical Psychology's Applying for Internship Webinar
- "Neuropsychological Assessment: What Is It Good For? Absolutely Something!" with Dr. Kathy Chiou
- "Cultural Adaptations and Considerations in Evidence-Based Mental Health" with Dr. Trey Andrews
- Internship Panel by Internship-Bound Graduate Students

PUBLICATIONS

Clinical students have published research articles in the following journals this past year:

- *Advances in Psychology and Law*
- *Alcoholism: Clinical and Experimental Research*
- *Aggression and Violent Behavior*
- *Aggressive Behavior*
- *American Journal of Orthopsychiatry*
- *Asia Pacific Journal of Counseling and Psychotherapy*
- *Behavior Therapist*
- *Behavioral Sleep Medicine*
- *Cognitive Behavior Therapy*
- *Couple and Family Psychology: Research and Practice*
- *Developmental Psychology*
- *Journal of Anxiety Disorders*
- *Journal of Developmental and Behavioral Pediatrics*
- *Journal of Family Violence*
- *Journal of Pediatric Psychology*
- *Journal of Interpersonal Violence*
- *Journal of Nutrition Education and Behavior*
- *Journal of Pediatric Health Care*
- *Journal of Pediatric Psychology*
- *Journal of Studies on Alcohol and Drugs*
- *Journal of the American Academy of Child and Adolescent Psychiatry*
- *Journal of Threat Assessment and Management*
- *Psychology of Sexual Orientation and Gender Diversity*
- *Psychology of Violence*
- *Pediatrics*
- *Pediatric Diabetes*
- *Violence and Victims*

Clinical students gain experience in community placements, including these educational partnerships:

- Early Head Start/Head Start
- Project SAFE
- OMNI Adolescent Therapeutic Group Home
- Nebraska State Penitentiary
- Uta Halee Academy
- Children's Hospital - Pediatric Obesity Clinic
- HIV Telehealth
- Disability Rights Nebraska
- Nebraska DHHS Behavioral Health
- O.U.R. Homes
- Lincoln Regional Center (Whitehall, Adult Sex Offender Services, Forensic)
- State Probation Specialized Substance Abuse Supervision Unit
- Madonna Rehabilitation Hospital (Traumatic Brain Injury and the Alexis Verzal Children's Rehabilitation Hospital)

PRESENTATIONS

Clinical students have been actively involved in presenting research. We were represented at the following conferences this year:

- American Academy of Clinical Neuropsychology
- American Professional Society on the Abuse of Children
- American Psychology-Law Society
- American Society of Criminology
- Association for Behavioral and Cognitive Therapies
- International Association of Forensic Mental Health Services
- International Congress for Schizophrenia Research
- International Neuropsychological Society
- International Society for Traumatic Stress Studies
- Point Loma Nazarene University Spring Research Forum
- National Communication Association Conference
- National Conference in Clinical Child and Adolescent Psychology
- Nebraska Symposium on Motivation
- Research Society on Alcoholism
- Society of Pediatric Psychology
- Society for Research in Psychopathology
- United States Professional Association for Transgender Health Scientific Conference



Many Impacted
by the CPTP

Over the past year, students provided clinical services that touched the lives of

1,621 individuals
throughout Southeast Nebraska
and beyond.

Stay connected!

