GENERAL INFORMATION

This sheet contains information that you may find useful regarding the Psychological Consultation Center (PCC) and its policies. The PCC is part of the Department of Psychology and provides psychological services to persons throughout Nebraska. It is the site for professional training of doctoral students in clinical psychology at the University of Nebraska-Lincoln. Students serving as PCC therapists are supervised by licensed psychologists, including the Clinical Psychology Faculty.

Because one of the functions of the PCC is professional training, all of the sessions are audio or video recorded. Recordings are used only for the supervision and training of therapists. They do not become part of your clinical file. All information obtained during the sessions (such as clinical records, audio and video recordings, and results from psychological tests) are held strictly confidential by the PCC staff.

Except in specific circumstances described below, no information about you or services you receive at the PCC is released to anyone outside of the PCC without your prior written permission. The circumstances when release of information without your consent are mandated by law and professional ethics are: (1) such a release is Court-ordered, (2) the safety of yourself or another person is in immediate jeopardy, or (3) there is reason to believe that child or vulnerable adult abuse or neglect has occurred.

The PCC is a site for research. While you are receiving services from the PCC, you may be asked to take part in a research project such as filling out questionnaires. Your written permission will always be requested in advance of your participation in a project, and if you decline to participate, you may still receive services through the PCC.

Some of the research that occurs in the PCC is archival. This means that the data is gathered from old records and files. For example, a PCC staff member might calculate the average age of PCC clients or tally the number of people who request a female therapist in a year. Anyone who receives services from the PCC may have a portion of his or her file used in an archival study. In this case, identities will be protected so that all persons remain anonymous and files will only be seen by PCC staff members and their assistants.

All regular therapy sessions are $25 per session, although specialty clinics may have different fees. A fee reduction application may be requested from your therapist or from one of our front desk personnel. Fee reductions are based on household income, household size, and federal poverty guidelines.

Fees are also charged when we provide collaborative services, such as working with a teacher or physician. Cancellations made 24 hours in advance of your appointment are not charged. Missed appointments without adequate prior notice are billed to you.

If you need to reach your therapist or cannot keep an appointment, please call the PCC at (402) 472-2351. If your therapist is not immediately available, our receptionist will be happy to take a message for you, and your therapist will call you back as soon as possible.

This information sheet is yours to keep. If you have any questions, your therapist will be glad to answer them.