Overview
The Psychological Consultation Center serves as the teaching and research clinic of the University of Nebraska-Lincoln Clinical Psychology Training Program. As part of their training, doctoral-level clinical psychology students provide outpatient intervention and assessment services under the supervision of licensed psychologists.

Aims
› Provide state-of-the-art, evidence-based psychological assessment and intervention services for individuals and families
› Provide excellent professional development and clinical training for CPTP doctoral students in a behavioral health outpatient clinic that serves the general population
› Conduct clinically relevant research that contributes to the broader knowledge of psychopathology, clinical assessment, and treatment across the lifespan
Specialty Clinics

In addition to the general mental health clinic, the PCC is home to several specialty clinics aiming to serve specific populations and communities. Each of these clinics strives to uphold the tenants of evidence-based practice, which includes ongoing development and maintenance of state-of-the-art technology and research.

Trauma Recovery Clinic (TRC)
› The TRC, co-directed by David DiLillo, Ph.D. and Anna Jaffe, Ph.D., is a growing specialty clinic whose therapists assess and provide services to individuals who have experienced trauma. The TRC saw 3 clients over the reporting period and will continue to offer referrals for the next academic year.


Family Interaction Skills Clinic (FISC)
› FISC, co-directed by Dave Hansen, Ph.D., Mary Fran Flood, Ph.D., and Corrie Davies, Ph.D., continues its collaborative partnerships with Community Action Head Start (HS) and Early Head Start, and the Child Advocacy Center (Project SAFE).

› Project SAFE served 42 clients during the reporting year. Mental Health consultants provided psychological services for 339 children & families enrolled in center-based & home-based programs in Lincoln and Wahoo, Nebraska, throughout the reporting year.


Telehealth Clinic
› The telehealth clinic, directed by Deb Hope, Ph.D., serves individuals living with HIV/AIDS throughout the state of Nebraska. Clients are referred through Nebraska AIDS Project caseworkers and most are seen via telehealth, though some clients are seen in person in the PCC. The telehealth clinic is involved in the interdisciplinary network of providers across the state to help coordinate services. The telehealth clinic saw 10 clients during the reporting period.

Rainbow Clinic
› The rainbow clinic, directed by Deb Hope, Ph.D., serves local LGBTQ+ communities and serves as one of the few providers in the Lincoln area that provides affordable and evidence-based services for individuals who identify as transgender and gender diverse. The rainbow clinic saw 13 clients during the reporting period.


Substance Abuse Clinic (SAC)
› The SAC, directed by Dennis McChargue, Ph.D., continues to provide treatment and evaluations for UNL students and Lincoln community members with substance related concerns. Both brief and intensive outpatient treatment is provided. The team also has expertise in treating those with co-occurring mental health concerns. The SAC saw 1 client during the reporting period.


› Klancecky AK, Tuliao AP, Landoy BVN & McChargue DE (2020). Desire to Dissociate Scale: Factor analysis, cross-cultural findings and link to substance induced dissociation. American Journal of Drug and Alcohol Abuse 46 (4), 390-400

Clients and Services

The PCC serves individuals, families, and couples across the lifespan. Evidence-based assessment and intervention are available to UNL students, but the PCC primarily serves the broader community. Clients are referred from a number of sources for a range of mental health concerns.

- The PCC, including all specialty clinics, served 100 clients during the reporting period (7/1/2020-6/30/2021).
- Although the PCC does serve UNL students, 82% of PCC clients are from the larger community of southeastern Nebraska.
- Though some clients were seen up to 47 times during this reporting year, clients were seen for an average of 13 sessions. Due to COVID-19 pandemic, in-person evaluations were not completed during the reporting period.
- The PCC was responsive to hardship requests during the reporting year and reduced barriers to obtaining reduced fees for services. 82 clients utilized the sliding scale fees at the PCC, paying as little as five dollars per session.
- Most referrals to the PCC came from word of mouth, other professionals, from being previously treated in the PCC, and Nebraska AIDS Project.
Trainings and Updates

The PCC would like to share some COVID-19 related updates and express thanks to the many folks that kept the clinic up and running throughout the year:

COVID-19 Related Updates
Throughout the COVID-19 pandemic, the PCC has made modifications to increase safety and minimize the spread of COVID-19. During this time, the PCC operated with two overarching goals 1) to continue to provide needed mental health services to our clients and community; 2) to provide continued clinical supervision and additional training about telehealth and technology to clinical psychology graduate students.

Throughout the reporting year, the PCC has made modifications to serve clients via remote sessions to ensure the safety of clients and therapists as part of UNL’s response to the COVID-19 pandemic. AD Hanna Grandgenett provided numerous trainings and updated clinic procedures to ensure client confidentiality while therapists continued to pursue therapeutic training goals consistent with PCC aims. Doxy.me was utilized for HIPAA-compliant telehealth sessions. Both in-person and remote supervision was provided to Intervention and advanced students.

Dr. Deb Hope supervising Brenna Lash, M.A.

Dr. Corrie Davies & Dr. Deb Hope Featured in Nebraska Today

“We’re going to have a whole new generation of therapists, all of whom have had this experience and will be able to use it,” Hope said. “I think that will provide services for a lot of people who couldn’t access it before.”

“I think it made our clients feel reassured that they weren’t losing their services,” Davies said.

PCC Advisory Committee
The PAC committee met twice and made progress toward the following goals:

- Develop and distribute therapist feedback surveys
- Enhance inclusive excellence at the clinic level
- Streamline procedures for return to in-person services

Upcoming for 2021-2022

- Procedures for providing clients options for both in-person and telehealth services
- Return of evaluation team for students 3rd year or beyond
- Noon talks and clinical resources related to inclusion and diversity
- Filling office administrator position

Thank you!

Very special thank you to our student workers: Rachel Stein, Josselyn Telule, Ashley Carroll and numerous graduate students helping with front desk coverage as we transition from office administrators.

Thanks to Corrie A. Davies, Ph.D, Director and Hanna Grandgenett, M.A., Assistant Director, 2020-2021, for leadership in navigating COVID-19 procedures.

Thank you James Berg, Office Administrator 2014-2021 and Frannie Calkins, M.A., Assistant Director 2021-2022 for their help in preparing the PCC annual report.