



TRANS COLLABORATIONS

Accountable Research & Resources

CAMP BOLD 2019



Last year, Trans Collaborations organized and facilitated a camp for transgender and gender-diverse children and their families. The first year of Camp BOLD was considered a huge success by both the Trans Collaborations Board and the children and families who attended. We are enthusiastic and thrilled to announce that Camp BOLD will be happening again, from September 27th – September 29th. The Trans Collaborations Board, camp director, activity leads, and volunteers are looking forward to another year of fun activities, laughs, and memories. You can find out more about this year's camp here: go.unl.edu/transcollaborations under Camp Bold.

TGD? Where did that come from?

TGD stands for transgender and gender diverse. After a great discussion, we decided to switch our language from transgender and gender non-conforming (TGNC) to TGD. After all, no one wants to be defined by what they are not. We have made the change on our website and are using TGD in everything else we write now.

Culturally Competent Healthcare

Dr. Richard MocarSKI (Office of Sponsored Research) and Dr. Sharon Obasi (Department of Family Studies) of the University of Nebraska at Kearney (UNK) are starting a project that will survey health care providers about any education they have received on TGD health and affirming care. The study will include everyone from medical and nursing students to experienced providers in various health care professions. The goal of this project is to provide evidence to help inform healthcare policy and practice for TGD people, especially in rural areas.

Upcoming research on news and your health

Do you ever just turn off or click away from the news because hearing about an anti-trans policy proposal is just more than you can take today? Does it sometimes seem that the negativity just soaks into your body? Trans Collaborations is going to partner in a large national study to look at just those questions.



Photograph of Jae Puckett & Zachery DuBois

Jae Puckett, Ph.D. (Michigan State) and Zachery DuBois (University of Oregon) are leading a study with 5 sites across the US and Canada. We will follow TGD folks monthly for a year to hear about their reactions to positive and negative public events that involve TGD people. At no cost to participants, there will be some health checks like blood sugar and blood pressure at the beginning and end of the year to measure stress effects in the body. Jae and Zach were in Lincoln in February to get input on the study from our Local Community Board and teach us some of the procedures. Board members were very enthusiastic about how powerful it will be to document how an anti-trans climate can take a toll on TGD health and well-being and all the ways people thrive in spite of it. Your chance to participate in this ground breaking study will come this summer. Watch for announcements in our newsletter or our website go.unl.edu/transcollaborations.

Transgender & Gender Diverse Well Being Study

We have developed a questionnaire for mental health providers to use to check in about how therapy is going with their TGD clients. The questionnaire, called TC3 or Trans Collaborations Clinical Check-In, will soon be available for download on our website. We are just waiting for the scientific paper to get through the publication process. The next step is to understand how scores on the TC3 change over time, depending on how someone is feeling. Look for the official study announcement at go.unl.edu/transcollaborations under Projects, Opportunities to Participate.

Trans Collaborations is a community-based partnership between transgender and gender diverse people (TGD) and academic researchers. Trans Collaborations began in 2014 out of a desire to improve health care services for TGD people in the Central Great Plains. It works to establish a network of researchers and communities focused on creating accountable research and resources for TGD communities in resource-limited areas.

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